

CATALINA FLEET NEWS

OCTOBER 2023



OCTOBER LONG WEEKEND 3 HOUR RACE

NHTYA  **Newcastle and Hunter Trailer
Yacht Association Inc.**
www.trailersailer.org

www.trailersailer.org

Email communication
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BSB 062822 - Account 17418617
Use your name as reference

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General Meeting Notice

Notice is hereby given of a General Meeting of the
Newcastle and Hunter Trailer Yacht Association.

Tuesday 17th October 2023 at

Club Macquarie and via ZOOM

**If you have information for the next
newsletter please email by 7th November to
yarrandoo990@yahoo.com.au**

DISCLAIMER

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A Word from the Commodore.



Greetings everyone and welcome to Octobers newsletter.

We have just had a great October long weekend event where we had a large turn out by existing members, new members and possible new members. Some from as far as Sydney. Once again, a big thanks to Val for her effort in upgrading our social media systems. It's really paying off.

A great day of sailing was had by almost everyone on Saturday. Thanks to Brian and Peter for organiser the stern chaser. I can't imagine what calculations went into working out the start times by Brian and on the run. Sorry though to Hart who lost his motor on the way around. Hope your insurance comes through Hart.

Shame the Six Hour Race couldn't be run but once again our race committee did everything they could to keep us safe.

Many members had a great time watching the NRL Grand Final on Sunday night. Thanks to everyone that setup the audio visual system for this like Brian and Warren.

Thanks must also go to those people that put so much effort into making the meals as good as they were. Tania and Ken organised the meat, eggs, buns and much more. So too, did many members, who brought salad dishes and desserts.

This is the great thing about this club, that everyone helps out to put on an event like this and it shows in the pleasure had by all.

Thank you everyone.

Robin.

Club Commodore

General Meeting 19 September 2023

Welcome by Chair Robin Parker,

➤ Meeting Opened: 7.10 pm.

ATTENDENCE

Apologies: Robyn Parker, Gaylene Newman, Garry & Cathy Chalmers, Dot Haig, Kim Sparkes, Brian & Heather Bath, Barry & Cathy White, Doug & Robyn Wilson. Lisa & John Pateman.

Attendance: Via Zoom - See recording. Graham Schubert and Charmaine Mills, Chris Keevers, Brian & Val Harrison, Gary & Kirsty Channon, Doug Dyce, Peter & Kerry Melbourne, John & Carol Parker, Jaquie & Peter Armstrong.

Attendance at Club Macquarie: Greg Cross, Ken Hill & Tania Kelland, Kevin Newman, Phil Sparkes, Warren Parrot, Hart Peters, John Haig.

Visitor/s: Nil

Minutes of last meeting:

The minutes of meeting dated 18 August 2023 as printed in the September 2023 Newsletter be accepted.

Moved Ken Hill **Seconded:** Phil Sparkes

Any matters arising from the previous minutes: Nil

Any items to be discussed in General Business: to ask LMCC if also .

Correspondence: In: Email ex Lake Macquarie CC re F Jetty for September Races 1 & 2. **Action Taken** – Forwarded onto Race Coordinator (Acting) for display at F Jetty if needed.

Outwards: Nil.

Treasurers Report as presented by Jacquie Armstrong

CB Business Account Opening Balance @ 14.08.23			\$17,870.95
Plus Receipts			
Membership & sailing fees	\$ 2805.00		
October Long Weekend	\$ 40.00	\$2,845.00	
Less Expenses			
Club shirts	\$ 1257.40		
Xero (accounting)	\$ 29.00		
Banks Fee	\$ 2.20		
Test transfer to Card acc	\$ 10.00	\$ 1,298.60	
Closing Balance @ 18.09.23 as per bank statement			\$19,417.35
CB Card Account Opening Balance @ 14.08.23			\$420.28
Plus Receipts			
Bank reimburse	\$ 58.74		
Card Top-up	\$ 10.00	\$68.74	
Less Expenses			
IGA (Audit Day)	\$ 18.60		
Rathmines Butcher (Audit Day)	\$ 63.45		
Overseas transaction fees	\$ 41.88	\$123.93	
Closing Balance @ 18.09.23 as per bank statement			\$ 365.09
Total Accumulative Funds over all 2 accounts @ 18.09.23			\$ 19,782.44

Membership and Sailing fees due.

October Long Weekend catering cost \$20 per adult, \$10 per child.

Fraudulent activity on card reimbursed by CBA, new card issued.

Xero accounting fee not paid from card due to delay in replacement.

Xero account payments transferred to general account as a DD.

Thank you.

Jacque Armstrong. Treasurer.

Treasurers Report Moved: Jacque Armstrong **Seconded:** Tania Kelland

Racing Report

Trailer Sailor Racing Report Brian Harrison

- Race 1 – modified Western course 9 boats raced, Hart OOD.
- Race 2 – shortened course as wind dropped. Out to Swansea mark and return.
- Jon and Janene in their Castle 650 didn't race but had a great time.
- 3 Hr race will be a "Stern Chase" with individual handicap – Brian is OOD.
- 6hr Race has a 10 am start, clockwise partial circumnavigation of the lake.

OTB Report Brian Harrison.

- OTB Starts this weekend!
- Owners need to contact Warren to ensure your boat gets audited, or your result won't count.

Cruising Report and upcoming cruises by Val Harrison

- September 16th & 17th cruise was a mast down motoring cruise up the Karuah River. 6hrs to Alworth return - 7 boats. A new 7500 joined us, and all had a great dinner at the club. Sunday saw a walk along the broad walk.
- 28/29 Octoberfest cruise is on Lake Macquarie. Happy hour theme is Octoberfest!! It would be great for the new Facebook members to come and meet everyone!
- The November cruise is on the Manning River from Taree down the river and return – need a cruise leader so who will put their hand up!?
- There is attendance list on the webpage and FB page, please indicated on both if you are attending that event so organisers can know numbers attending.

Website update by Val Harrison

- The Website has been updated with latest race dates and cruise dates to keep you all informed.
- Lake Macquarie Trailer Sillers Facebook page Update. 198 page members, with lots of activity, lots are talking about their boats, and coming to events. Could have 10 visitor boats to the long weekend, so squish up a bit when sterned up.
- Peter to put the new Facebook page details into the newsletter with a hyperlink to follow.

Membership update by Phil Sparkes

- Ian McDonald has a Noelex 25 called Savanna and is a previous member – Approved.
- Samantha and Simon Parr have a Farr 7500 called Sea-Farr-E – Approved.
- Vincent Redgrove has a Hobby 16 called Seahag. - Approved pending payment

- Jon & Jennina Boer have a Castle 650. – Approved.
- Val to send the online membership renewal forms to Phil.

Social update by Tania Kelland.

- October Long Weekend Race / Cruise has Saturday night self catering or to the Rathmines Bowling club for dinner as a group!
- Sunday night BBQ dinner \$20pp \$10pChild, this includes bacon & egg rolls for breakfast! See general business for more details.
- Ken re Tankard Night on the Sunday – bring your tankard!!

General business

- Greg Cross advised about the Port Stephens Yacht Club 24 NM Marathon and Sprint. \$130 4th & 5th November - Brian and Warren entering. No conflict as not a NHTYA weekend. A Flyer will go into the newsletter.
- NHTYA Insurance policy – Phil has been talking to broker Network Insurance Broker who quoted \$1523.50. Gallagher Insurance quote is \$1096.89, \$500 cheaper than Sailing Australia's insurance company. Motion that we go with existing insurance provider – all in favour – Passed.
- Marine Outlet in Morisset would like to advertise in Newsletter. Ken to send rate sheet, how much for the website. \$330 for 1 year in the newsletter + website link.
- Malcolm Watson, an ex member, would like to advertise their Sonata 7 “Windsong” for sale. Even though no official policy, felt he couldn't advertise as not a current member.
- Clarified that Race 3 & 4 are based at Styles Point not F Jetty as in the program.
- Old style shirts to be given away, or on sale, or prizes at long weekend.
- Audit of remaining boats. Only 9 boats audited so far. Those not audited need to contact the auditors – existing members will be disqualified, new members have until 2nd race before need to be audited.
- Only 2 OTB boats have been audited. If forms are filled out, they will be audited if Warren has time from 9am, if no form, then may not be able to race. No idea how many will be turning up.
- Warren has space on the Macgreager for sightseers at the long weekend.
- Peter Melbourne is at the showgrounds at Mudgee, so Warren will be OOD on the Sunday – 2 division start. Could still cruise and motor back for time keeping.
- Marine Outlet owner lives in Fishing Point and sees us racing! Cheaper than other suppliers.
- John and Carol can't make the long weekend as on Grandparents Duty!
- There will be a committee meeting before Christmas, and an item for agenda is advertising pricing for website etc.

Meeting Closed: 8.20 pm

Ken Hill

NHTYA Secretary

RACING is in full swing why not join in the fun.

2023 Spring Series

Race 1 Results

PBH

Div No	Place	Sail No	Boat Name	Elapsd	AHC	Cor'd T	CHC	Skipper	Class	Fin Tim
1	1	15	PLastique	01:34:54	0.535	50:46	0.562	B Harrison	Hunter216	13:59:54
1	2	M112	Amerthyst	01:48:12	0.519	56:09	0.532	W Hardcastle	Cygnnet 20	14:13:12
3	3	25	Free Spirit	01:48:13	0.528	57:08	0.536	B White	Noelex 25-No-Spin	14:13:13
1	4	4394	Eirene	01:59:33	0.493	58:56	0.493	G Cross	Cole 19	14:24:33
1	5	242	Gundaroo II	01:55:06	0.526	01:00:33	0.519	D Dyce	RL 24 SK	14:20:06
3	6	T3728	Jocimo	01:54:08	0.532	01:00:43	0.524	J Haig	Noelex 25-No-Spin	14:19:08
3	7	840	Aye Sea Red	01:56:27	0.545	01:03:28	0.526	K Hill	Noelex 25	14:21:27
3	8	M73	Heart Beat	01:51:04	0.573	01:03:38	0.552	C Hart	Spider24mk2NoSpin	14:16:04
1	9	6998	Farr Haven	01:54:54	0.555	01:03:46	0.534	R Berry	Farr 6000 No Spin	14:19:54
2	DUT	752	Farr and Beyond		0.566			H Peters	Farr 7500 No Spin	

CBH

Div No	Place	Sail No	Boat Name	Elapsd	Skipper	Class	Fin Tim	TCF	TCF Cor d T
1	1	M112	Amerthyst	01:48:12	W Hardcastle	Cygnnet 20	14:13:12	0.663	01:11:44
1	2	15	PLastique	01:34:54	B Harrison	Hunter216	13:59:54	0.760	01:12:07
1	3	6998	Farr Haven	01:54:54	R Berry	Farr 6000 No Spin	14:19:54	0.632	01:12:37
3	4	25	Free Spirit	01:48:13	B White	Noelex 25-No-Spin	14:13:13	0.714	01:17:16
3	5	M73	Heart Beat	01:51:04	C Hart	Spider24mk2NoSpin	14:16:04	0.717	01:19:38
3	6	T3728	Jocimo	01:54:08	J Haig	Noelex 25-No-Spin	14:19:08	0.714	01:21:30
1	7	4394	Eirene	01:59:33	G Cross	Cole 19	14:24:33	0.707	01:24:31
3	8	840	Aye Sea Red	01:56:27	K Hill	Noelex 25	14:21:27	0.752	01:27:34
1	9	242	Gundaroo II	01:55:06	D Dyce	RL 24 SK	14:20:06	0.765	01:28:03
2	DUT	752	Farr and Beyond		H Peters	Farr 7500 No Spin		0.724	

Race 2

PBH

Div No	Place	Sail No	Boat Name	Elapsd	AHC	Cor'd T	CHC	Skipper	Class	Fin Tim
1	1	4394	Eirene	01:55:13	0.493	56:48	0.499	G Cross	Cole 19	13:25:13
1	2	M112	Amerthyst	01:48:00	0.532	57:27	0.535	W Hardcastle	Cygnnet 20	13:18:00
1	3	15	PLastique	01:43:29	0.562	58:10	0.562	B Harrison	Hunter216	13:13:29
3	4	25	Free Spirit	01:49:10	0.536	58:31	0.534	B White	Noelex 25-No-Spin	13:19:10
3	5	T3728	Jocimo	01:53:35	0.524	59:31	0.518	J Haig	Noelex 25-No-Spin	13:23:35
3	6	M73	Heart Beat	01:51:17	0.552	01:01:26	0.537	C Hart	Spider24mk2NoSpin	13:21:17
3	DUT	840	Aye Sea Red		0.526			K Hill	Noelex 25	

CBH

Div No	Place	Sail No	Boat Name	Elapsd	Skipper	Class	Fin Tim	TCF	TCF Cor d T
1	1	M112	Amerthyst	01:48:00	W Hardcastle	Cygnnet 20	13:18:00	0.663	01:11:36
3	2	25	Free Spirit	01:49:10	B White	Noelex 25-No-Spin	13:19:10	0.714	01:17:57
1	3	15	PLastique	01:43:29	B Harrison	Hunter216	13:13:29	0.760	01:18:39
3	4	M73	Heart Beat	01:51:17	C Hart	Spider24mk2NoSpin	13:21:17	0.717	01:19:47
3	5	T3728	Jocimo	01:53:35	J Haig	Noelex 25-No-Spin	13:23:35	0.714	01:21:06
1	6	4394	Eirene	01:55:13	G Cross	Cole 19	13:25:13	0.707	01:21:28
3	DUT	840	Aye Sea Red		K Hill	Noelex 25		0.752	

Please ensure your membership and fees are up to date

OCTOBER LONG WEEKEND

REPORT ON THE 3 AND 6 HOUR RACES AND SUNDAY NIGHT NRL GRAND FINAL BBQ.

By Peter Melbourne, *True North*

This year we were introducing a couple of innovations to try and make the races on the long weekend different from our normal Spring and Autumn Race series. This did create additional interest and with some new members and visitors, we had 20 boats and crews turn up for the first race. This is the biggest number we have had for some time.

3 Hour Race, Saturday

Our innovation for this race was to attempt a handicap start. This meant that the slowest boat on Personal Basic Handicap leaves first. Each of the other boats are given a start delay based on their boat's past performance. This means that the first boat over the finish line is line honours and the handicap winner as well. When Kerry and I were members of the club way back in the early 1980's, all the races were handicap starts. However, we have not done one for quite a long time.

Saturday was a great sunny day, not too hot and a north east breeze 10 to 15 knots at the start, dropping to nothing briefly and then settling in to about 10knots. Our handicapper Brian Harrison did his pre race calculations and we were all given our starting times. A short delay to the start sequence and some initial starting confusion for some boats was soon sorted and we were away chasing the boats in front and trying to stay away from those catching us from behind. The handicap start did bring an immediate interest in the race.

We were sailing the standard NE course which had us around Fishing Pt mark first and then hard on the wind all the way over to the head of Belmont Bay. Unfortunately *Free Spirit* needed to withdraw from the race early on with Barry holding up his broken tiller in his hand. Stronger than forecast wind had some boats (including my own) a bit overpowered with their headsail selection but after passing Marks Pt, the breeze eased. In fact, it eased so much that there was a log jamb of boats around Cardiff Mark in almost becalmed conditions (see photo).



The visiting Eliot 5.9 *Time Out* skippered by Scott Ovenden had come from the last start group and overtaken everyone before the last mark at LMYC and then popped their red kite and disappeared towards the Rathmines finish. Another visitor *Moon Lighting* finished second with the first club boat *Gundaroo II* sailed by Doug Dyce finishing third.



There was plenty of friendly discussion at happy hour where the consensus was that everyone had a great time. Exceptions being Barry with his broken tiller and Hart whose outboard decided to take a permanent bath after the boat jumped over a wave. A long table was booked at the Rathmines Catalina Bowling Club and many of us continued building new and existing friendships.

6 Hr Race, Sunday

For the last week, we had been seeing on the weather apps that Sunday was going to be hot with a moderate NW wind with unknown wind gusts. At first light things seemed pretty calm which looked good but then the NW started building and building. By the 0900 race briefing, the Marks Pt weather station was showing 18 knots with gusts to 28 knots. This was also verified by the wind indicator on *Gypsea*. We decided to delay for two hours but conditions only got worse, now with gusts to 38 knots. Another start delay was also ineffective so unfortunately our lap around the lake course was abandoned.

I remember when flying around western NSW in a light plain, the pilot would say in regards to weather forecasts, "I'd rather be down here wishing I was up there than being up there wishing I was down here". The conditions gave us no choice and meant that we could tend to a few of our boats that were dragging anchors in the softer mud bottom.

BBQ Dinner and NRL Grand Final

Late in the day the conditions eased a little and we were able to erect nine gazebos together and set up our evening meal. There was quite a crowd as we mixed and enjoyed each other's company. Thanks to Tania who organized the meal and contributors so well.

The large screen and data projector were set up for the game. To my dismay, there were too many Bronco's fans. Being from the Blue Mountains, the mighty Penrith Panthers is my local team that I follow closely. What a game!!! Not good for maintaining emotional stability!

Despite the Sunday wind blowout, it was a very successful weekend and continued to be one of the club highlights for the year.



Oh what a beautiful morning !!!



On the water



Prep time



Course is set and winds look good



Ken's Dilemma



Cardiff Carpark



Downhill Spinnaker



Lake Macquarie Cruise

October Sat 28th - Sun 29th 2023

VISITORS WELCOME

Cruise Leaders- Val and Brian Harrison

Contact – 0435242274

Also, Official “World Chocolate and Cat days”

Launching at Styles Point (Lake Macquarie) on Saturday ready for kick off at 10am



Pulbah Island, Lake Macquarie

Cruising our wonderful lake wherever the wind takes us. Just where will our overnight stop be this time;

Pulbah Island , The Bird Cage or Gwandalan or

... perhaps the mystery spot????



Rest assured it will be relaxing and comfortable with its familiarity... but you'll need to be self-sufficient!

*This is October and of course happy hour must have that **OKTOBERFEST** vibe....*

Please note your attendance on the web site or let me know directly if you are coming .

Manning River Cruise

November Sat 25th- Sun 26th

Cruise Leaders- Val and Brian Harrison

Contact – 0435242274

This is a great river to sail- there is a race in January that many club members have competed in however not so many trailer sailers these days.

We'll be launching at Taree at the Endeavour place the end of Stevenson street. We intend to kick off at 10am on Sat 25th. Brian and I will be there late Friday night and stay overnight either on our boat or at a jetty close by.

Yes, we are sailing all the way to Manning Point.

Yes, we fit under the bridge.



Berthing stern into the beach you can venture over the sandhill to the ocean- Can hear the waves while in bed!



*Happy hour in the beautiful gardens (with toilets) followed by a short walk to the **Club for dinner Sat night.***

Then we 'SAIL' back on the Sunday. I've been told the café across the road has great coffee and bacon and egg rolls to start the day.





PORT STEPHENS
*Trailable Marathon
& Sprints Regatta*
4TH-5TH NOVEMBER 2023
10:00 am starts

**\$75 entry for each event or
\$130 for a combined entry via the PSYC link**

24 nautical mile circumnavigation marathon passage race (Saturday) followed by a separate laid course sprint series (Sunday) on the pristine waters of Port Stephens.

3 divisions: traditional trailer-sailers and keel boats up to 27 feet; sports trailables; open division for any other boats including keel boats and multihulls.

Start from Soldiers Point.

Presentation event at PSYC on Saturday evening. Great range of mooring, berthing, boat ramp and storage options available!

Checkout the Notice of Race and Sailing Instructions @ [PSYC.com.au](https://psyc.com.au)

or call Rick Pacey on 0417 544 230
vice.commodore@psyc.com.au
or Tim Peachey on 0439 172 833
club.captain@psyc.com.au



NHTYA MEMBERSHIP RENEWAL NOW DUE

Via the NHTYA Website



Or print form from
website

Payment by direct deposit please use your name and codes of payment as
per form

WHY WE ARE MEMBERS OF THE NEWCASTLE AND HUNTER TRAILER YACHT ASSOCIATION EVEN THOUGH WE LIVE TWO HOURS AWAY FROM LAKE MACQUARIE

by Peter Melbourne *TRUE NORTH*

Having been boat less for quite a few years, we purchased our Castle 650 trailer sailer in November 2011 in preparation for my retirement. We live at Faulconbridge in the Blue Mountains so a trailer sailer is far more practical for us than a keel boat moored somewhere on Sydney Harbour.

I love making a boat sail well and I find you experience this best when racing. I checked out a number of sailing clubs in Sydney and although some had similar boats in their race fleets, most were geared around keel boats. However, the NHTYA based at Rathmines in Lake Macquarie specialized in trailer sailers. Membership fees are very reasonable and we joined later in 2012.

Lake Macquarie is ideal for trailer sailing. It's four times larger than Sydney Harbour, minimal tide, less crowded and has numerous boat ramps, accessible jetties and beaches. Untimed car and trailer parking and no "ramp rage"! With the opening of the NorthConex Tunnel, it only takes us 2hrs driving to reach Rathmines. It takes us an hour and a half to reach our closest Sydney Harbour ramp. Make sure you apply for the "towed recreational vehicle" toll cash back to avoid being charged truck rates because you are more than 12.5m long!.



We were delighted to see that the race program consisted of a race weekend once a month. This enables us to travel to Rathmines early on the Saturday morning in time to rig and attend the race briefing at 11:30am. A race starts at 12:30pm and runs for about 3 hours. There is the obligatory happy hour and tall stories before most of us attend the Catalina Bowling Club for dinner. We then sleep on the boat and repeat the racing on Sunday but starting an hour earlier. We then de-rig, and set off for home stopping at Morisset Macca's for coffee and a snack before tackling the M1.

The once a month race weekend maximizes our time away after the longer drive. It fits in well with our lifestyle with its other time demands. For us it's like a cruise weekend with purposeful sailing.

However, the NHTYA is much more than a sailing club. It's a supportive community with about 40 boats and their crews. There is always someone to help with advice and practical help and the good friendships made, help support you through life's inevitable ups and downs.

The long notice sailing program allows us to plan our year's sailing with the end of year cruise to the Myall Lakes a priority for most of us.

Visit the NHTYA Website if you haven't already. Visitors with boats are always welcome. If you want to crew and see what it's like, turn up at a race day and we should be able to arrange a seat (maybe wet!) on a boat.



ORDERS BEING TAKEN NOW FOR NEW CLUB SHIRTS AND JACKETS



Club Shirt Order



Member Name =>					
DESCRIPTION	A	B	D	E	REMARKS / PAYMENT INFO:
Style	Polo Short Sleeve	Polo Long Sleeve	Long Sleeve Shirt Button Front	Jacket	Style C (Short Sleeve Shirt Button Front) is no longer available.
2XS			N/A		
XS					
S					
M					
L					
XL					
2XL					
3XL					
4XL					
5XL					
Genoa	N/A	N/A	N/A	N/A	
QTY	0	0	0	0	
UNIT PRICE	\$36.00	\$38.00	\$50.00	\$58.00	SUBTOTAL
TOTAL	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00

Payment Code =	
Payment Date	
Payment amount	

Enquiries:
 Gaylene Newman or Greg Cross via
 Info@NHTYA.com
 Next bulk order date is depending on interest.
 Order form can be lodged by email or printed and
 passed to Gaylene or Kevin or Greg/Robin

MERCHANDISE

Stocks of NHTYA Club caps, coolers and Burgees - contact Phillip 0414 223654

Caps \$25 each



Stubby Holders \$5 each



THE BOATYARD

Buy, find, swap, sell, give away.

Other club members may be able to use the boat gear that is cluttering your shed. Send us a word document and we can post it here.

Article Reprint as a timely safety reminder as we spend time on the water

MAN OVERBOARD!

How many times have we heard that call? Hopefully, you haven't!

What if it were to happen? Would we know what to do?

At our last cruise I asked our members to think about this scenario. If a person fell overboard and was not injured, we might simply have to throw out a lifebuoy, stop the boat, and let them swim back and climb aboard.

But what if they were injured or worse, unconscious? How would we react?

What not to do! Don't jump in if you have no one else left on the boat. You will then have lost control of your boat and, become a potential victim yourself. Don't commit yourself to the victim until you have a plan and then only if it safe to do so.

So, what do we do? Throw in a life buoy. The victim might regain consciousness and might be able to reach the lifebuoy. At least it will serve as a focus point for the location of the victim. Stop the boat and call for assistance.

Wow! This is getting deep and meaningful. So, let's step back and re-focus.

On the last day of the cruise, we set up a few scenarios, purely to create awareness for options in retrieving a potential victim. The first was described above. A big thanks to Jo, Debbie Walkerden's friend, who offered to be the victim and Phillip, our President, who did all the muscle work.



The second scenario involved connecting the main halyard to the end of the boom so it could be used as a Derek. Sorry, Derek, that should be derrick. This would then allow the boom to be raised or lowered as required. We then attached the mainsheet system to the end of the boom as a hauling system for the victim. I had also connected 2 carabiners to the webbing straps of the horseshoe lifebuoy, which could then be connected to the hauling system. It was then simply a matter of hauling on the mainsheet system to retrieve the victim.

The third scenario was to connect the main halyard directly to the mainsheet hauling system and then retrieve the victim with the lifebuoy. Phillip found this exercise much more difficult to achieve, maybe because there was no fulcrum effect from the boom as in the previous scenario.



The last scenario was to be able to secure a patient who may have had more serious injuries, preventing them from being retrieved back onto the boat for fear of further injury.

A head sail was used to form a type of hammock in which the patient could be floated and secured. The foot was attached to gunwale toe strips or as near to the deck as possible. The head of the head sail was then attached to the main halyard. By lowering the sail into the water, it was then just a matter of floating the patient into the loop of the sail and then hauling the main halyard until the patient was safely secured by the boat. The sail effectively kept the victim secure to the boat, kept the victim immobile preventing further injury, and kept the head out of the water.



The exercise was conducted purely for awareness, and I hope we as a club never have to put this exercise into real practise. By all accounts, the exercise was well received, and I know that I enjoyed being able to present it.

Stay safe and be prepared!

Hart

Farr & Beyond

			Activity	Location	Contact	Points	Extra Info
2023							
July	15-16	Sat-Sun					
July	18	Tuesday	Meeting	Club Macquarie	Ken Hill 0400208553		
July	22-23	Sat-Sun	Cruise	On-shore		2	
July	29-30	Sat-Sun					
August	5-6	Sat-Sun					
August	12-13	Sat-Sun					
August	15	Tuesday	Meeting	Club Macquarie	Ken Hill 0400208553		
August	19	Sat	AUDIT	Rathmines	Hart Peters		
August	19	Sat	OTB	Rathmines	Brian Harrison 0421979452		
August	26-27	Sat-Sun	Cruise Home	Lake Macquarie	John & Lisa Pateman	2	Jetty Cruise
Sept	2-3	Sat-Sun					Father's Day
Sept	9-10	Sat-Sun	Race 1&2	F-Jetty	Peter Melbourne 0412278567		
Sept	16-17	Sat-Sun	Cruise	Away	Val Harrison 0435242274	2	
Sept	19	Tuesday	Meeting	Club Macquarie	Ken Hill 0400208553		
Sept	23	Sat	OTB	Rathmines	Brian Harrison 0421979452		
Sept/Oct	30-2	Sat-Mon	3&6 hour regatta	Styles		2	NRL Grand Final BBQ
Oct	7-8	Sat-Sun					
Oct	14-15	Sat-Sun	Race 3&4	Styles	Peter Melbourne 0412278567	2	
Oct	17	Tuesday	Meeting	Club Macquarie	Ken Hill 0400208553		
Oct	21	Sat	OTB	Rathmines	Brian Harrison 0421979452		
Oct	28-29	Sat	Cruise	Home	Val Harrison 0435242274	2	
Nov	4-5	Sat -Sun					
Nov	11-12	Sat-Sun	Race 5&6	Styles	Peter Melbourne 0412278567	2	
Nov	18	Sat	OTB		Brian Harrison 0421979452		
Nov	21	Tuesday	Meeting	Club Macquarie	Ken Hill 0400208553		
Nov	25-26	Sat-Sun	Cruise	Away	Val Harrison 0435242274	2	
Dec	2-3	Sat-Sun					
Dec	9-10	Sat -Sun	Race 7&8/ Xmas Party	Styles	Peter Melbourne 0412278567	2	Points for racing
Dec	16	Sat	OTB		Brian Harrison 0421979452		
Dec	25-26	Sat -Sun					Christmas

2024

Dec/Jan	31-1	Sat-Sun	Cruise	Myall Lakes		2	New Years Eve
Jan	6-7	Sat-Sun					
Jan	13-14	Sat-Sun	Race 1&2	Styles	Peter Melbourne 0412278567	2	
Jan	20	Sat	OTB	Rathmines	Brian Harrison 0421979452		
Jan	26-28	Sat-Mon	Cruise	Home	Val Harrison 0435242274	2	Australia Day
Feb	3-4	Sat-Sun					
Feb	10-11	Sat-Sun	Race 3&4	Styles	Peter Melbourne 0412278567	2	
Feb	17-18	Sat-Sun	Cruise	Away	Val Harrison 0435242274	2	
Feb	20	Tuesday	Meeting	Club Macquarie	Ken Hill 0400208553		
Feb	24	Sat	OTB	Rathmines	Brian Harrison 0421979452		
March	2-3	Sat-Sun	Race 5&6	Styles	Peter Melbourne 0412278567	2	
March	9-10	Sat-Sun					Marlay Point
March	16-17	Sat-Sun	Cruise	Home	Val Harrison 0435242274	2	
March	19	Tuesday	Meeting	Club Macquarie	Ken Hill 0400208553		
March	23	Sat	OTB	Rathmines	Brian Harrison 0421979452		
March/April	29-1	Fri-Mon	Cruise	Myall Lakes	Val Harrison 0435242274	2	EASTER
April	6-7	Sat-Sun					
April	13-14	Sat-Sun	Race 7&8	F-Jetty	Peter Melbourne 0412278567	2	
April	16	Tuesday	Meeting	Club Macquarie	Ken Hill 0400208553		
April	20	Sat	OTB	Rathmines	Brian Harrison 0421979452		
April	27-28	Sat-Sun	Cruise	Away	Val Harrison 0435242274	2	
May	4-5	Sat-Sun					Bay to Bay
May	11-12	Sat-Sun	OTB (Sat)	Rathmines	Brian Harrison 0421979452		Mother's Day
May	18-19	Sat-Sun	Race 9 &10	F-Jetty	Peter Melbourne 0412278567	2	
May	21	Tuesday	AGM	Club Macquarie	Ken Hill 0400208553		
May	25-26	Sat-Sun	Cruise	Home	Val Harrison 0435242274	2	
June	1-2	Sat-Sun					
June	8-10	Sat-Mon	Cruise/Regatta	TBA/Lake Keepit			Keepit Cool regatta
June	15-16	Sat-Sun					
June	18	Tuesday	Meeting	Club Macquarie	TBA		
June	22-23	Sat-Sun					FLOAT YOUR BOAT
June	29	Sat	Presentation Night				